



# Karen Arndt

## Head Coach 14-2 Karen

---

### Coaching Experience

#### **2016**

142 Team Head Coach

- Region Champions
- Qualified for USAV Nationals

Head Coach Marist High School

#### **2015**

142 Team Head Coach

- #2 nationally ranked team
- 5<sup>th</sup> place finish AAU National Championships 14 Premier
- Bronze Medal Disney National Qualifier, 14 Premier division

Marist Volleyball Coach, 2015 Fall Season

#### **2011-2015**

Walker School Head Varsity Volleyball Coach

- Area champion all four seasons
- State runner-up 2012 (2<sup>nd</sup> place finish)
- 4<sup>th</sup> place finish, 2011, 2013

#### **2011 to present**

A5 Volleyball

- Head coach of 14-2s
- Coached team to SRVA champions in 2012, 2013, 2014
- Two successive teams qualified for USAV Jr Nationals at qualifying tournaments (Mid-East Qualifier, 2014; Disney Qualifier, 2015)

#### **2006-2011**

A5 Volleyball

- Head volleyball coach of 13-3s, 2007-2009
- Head volleyball coach of 13-2s, 2009-2011
  - Qualified for nationals in 2010 and 2011 at the SRVA tournament

School

- Assistant volleyball coach for Lassiter Feeder program, 2005, 2006
- Middle school coach, 2006-2010 Faith Lutheran School (area champions, 2008, 2009)

### Playing Experience

High school

- All-state setter, Bear Creek High School, Lakewood, CO

College

- Scholarship to Idaho State University

### Teaching Experience

- Have been teaching in the elementary school classrooms since 1986

### Education

Idaho State University



- Bachelor of Arts in Elementary Education  
Concordia University, Bronxville, NY
- Masters of Divinity