




2024-2025
A5 Club Volleyball
Information

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A5
WITH
LOVB


- A5 is partnered with LOVB – League One Volleyball – to take the A5 Family of Clubs to the next level
- A5 is an “anchor” volleyball club joining the mission of creating the best professional women’s volleyball league in the world (ATL Pro)
- This relationship will bring a wealth of resources and knowhow to build – both tangibly and intangibly – A5 into even a greater force on the national volleyball scene




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The A5 Sportsplex!



- 14-Court World Class Gym (Taraflex Flooring); 2016 Rio Olympic Court




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A5 MISSION STATEMENT

- **Teaching Life Lessons Through the Sport of Volleyball**
- The 5 C’s:
 - Character Driven
 - Consistent Coaching
 - Community Involvement
 - Communication—Open and Honest
 - Club Unity and Organization



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CULTURE: WHAT SEPERATES A5 FROM THE REST

- Travel: All team all the time; Schedule for success
- Best Coaching Line-Up in Atlanta (and the Country!)
- Annual Season Surveys
- A5 Board Rep assigned to every team
- Weekly Strength and Agility Training
- A5 Sportsplex and LOVB Pro



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Master Coaching

- We have top-down coaching methodology in our program that tier from Lead Coaches, Master Coaches, and Team Coaches
- Lead Coaches – Lead and instruct master coaching nights, mentor master coaches
- Master Coaches – Facilitate master coaching sessions, mentor team coaches
- Team Coaches- Team focused instruction for master coaching and individual practices



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A5 ACHIEVEMENTS

- **A5 ranked as the #1 Volleyball Club in the U.S. by Triple Crown Sports**
- More teams qualified for USAV Nationals than any club in the Country
- Success of our 2, 3, 4, 5+ teams
- Over 50 alumnae from class of '24 playing in college (includes sister clubs)



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A5 TEAM SUPPORT STRUCTURE

- Coaches and are able to focus on coaching
- One board rep assigned to each team
- Volunteer parents handle all other details:
 - Travel (in coordination with Club Travel director)
 - Food
 - Communications
 - Filmer



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ABOUT TRAVEL

- A5 attends local tournaments, when possible, to control travel costs
- A5 will handle all hotel arrangements for teams 14 and up (players stay together)
 - 13 and below: A5 provides block hotel rooms but players will stay with parents
- Parents are responsible for all travel to and from tournaments



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A5 RECRUITING HISTORY

- Nearly 1,000 athletes from A5 have earned the opportunity to play volleyball in college
- Southern Volleyball Showcase 11/30



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TRYOUTS

- Dates and Times
 - July 12 – 14U 8:00-11:30am
 - July 12- 13U 12:30-4:00pm
 - July 12- 16U 5:00-8:30pm
 - July 13- 15U 8:00-11:30am
 - July 13- 17U/18U 12:30-4:00pm
 - July 13- 12U 5:00-8:30pm
 - July 14- 11U/10U 8:00-11:30am
 - July 14- 13U/14U 2nd Tryout- 12:30-4:00pm
 - July 21 – Regional Tryouts
- Tryout Deposit
 - A5 Regional \$250
 - A5 National \$500
- Start of the Season
 - Mid-October



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FINANCIALS

- Timing of payments
 - \$250-\$500 is due at tryouts (depends on team; A5 Regional vs A5 National Teams)
 - You may – and are encouraged to – pay the entire balance up front
 - Payment Plan Aug. – Mar. for a minor convenience fee
- Please be realistic about whether you can afford club volleyball
- Individual fund-raising opportunities provided



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YOUTH PROGRAM

- Emphasis is on skills development and FUN
- Anticipating 15 or more 10U-12U teams
- Limited cuts for team rosters and provide alternative options



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A5 MINI'S

- Introduction of the sport to our 4-8 yr. old girls and boys
- Seasonal one-hour sessions Wednesdays 4:00 – 5:00 p.m.
- Always check our newsletter/website for registration information



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2024-2025 COSTS

- Player fees for 13U and older National Teams include the AAU Championships (including teams below)
 - USAV National Championships are NOT included
- A5's 12-1, 12-2, 12-3 and 11-1 teams will be extended through AAU's as well
- Additional teams' seasons are extended if they qualify for Nationals or vote to go to AAUs



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2024-2025 COSTS (con't.)

- What does the Team Fee include?
 - Coaching, Tournaments, Gym, Admin, etc.
 - Travel Costs (below)
 - Video Analysis for 14 and Up (13-1s included)
 - * (Uniforms are NOT included)
- Travel Costs
 - Teams 13 and Under – Stay with parents (fee includes coach's travel)
 - Teams 14 and Up – Stay together (fee includes athletes hotel rooms)



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PRELIMINARY FEE ESTIMATES

- Fees minus Uniforms and Flights
 - Regional \$1,800
 - 10U \$2200 - \$2600
 - 11U (except 11-1) \$2200 - \$2600
 - 12U (except 12-1&2) \$2400 - \$2700
 - 12-1,2&11-1 \$4600 - \$4800
 - 13U \$3900 - \$5200
 - 14U \$4200 - \$6600
 - 15U \$5200 - \$7000
 - 16U \$5700 - \$7000
 - 17U \$6000 - \$7000
 - 18U \$5900 - \$6600



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NUMBER OF TEAMS

- 10U-12U 15+ teams total
- 13U, 14U 6 teams each
- 15U 5 teams
- 16U-18U 3-5 teams each
- Regional 8-12 teams 12U-17U
- All the above dependent upon being able to fill teams with athletes in correct positions and tryout numbers



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TRYOUT METHODOLOGY

- *We ask that when you come to the gym, you have a plan in mind, having done your research, knowing if AS is the club for you. Our goal is to leave the gym with our teams in place: teams comprised of athletes committed to excellence who want to be with AS, and families who are excited to be a part of the best coaching and top to bottom training regimen in the country.*
- **ONE PARENT MUST ATTEND TRYOUTS!**
- Results are posted within 30 minutes of tryouts; **DO NOT LEAVE**, stay for your team meeting and pictures!
- **To hold your spot on the team, you must pay the initial deposit, otherwise your spot will be forfeited to the next athlete.**



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PARENT/ATHLETE TO-DO'S

- GET IN THE GYM for evaluations and development
- Register for tryouts ASAP
- Do your homework prior to tryouts
 - Talk with last year's parents/players
 - Talk with parents/players from other clubs
 - Visit our website
 - Call or email with any unanswered questions
- **Come to tryouts with a PLAN**
- Tell your friends!



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TRAINING OPPORTUNITIES

- Train for Tryouts
- Year-round Camps and Clinics
- Year-round training with VolleyPerformance (VP)
- CVL – Fall, Winter, Summer



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ADDITIONAL QUESTIONS

INFO@A5VOLLEYBALL.COM

SEE YOU AT TRYOUTS!



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