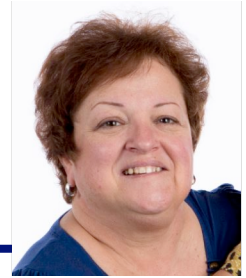




**Janet Knighting**  
Head Coach 11-2 Janet



## **Coaching Experience**

2015-2016 - Ass't Coach for A5 12-2

2014-2015 - Ass't Coach for A5 11-2

2013-2014 - Head Coach for A5 12-3

2012/2013 - Head Coach for A5 12-2

2011/2012 - Head Coach for A5 12-3

2001/2011

I was employed with Rolling Thunder Volleyball Club in Illinois as a Head Coach for their youth program, with my last year as coach for 12-1's. Worked primarily with 14 and under age groups; mentored new coaches; and coordinated several seasons of VolleyKids, a 12 and under youth program.

IMPACT certified through USAV and have attended numerous coaching clinics.

## **Playing Experience**

Began playing in elementary school in Chicago, where my father worked as the Athletic Director for the Catholic Youth Organization (CYO). Continued playing into high school and as an adult.

## **Why I Coach**

I love working with junior athletes to help them understand how important strong bodies and mental alertness are in the struggle to grow up and become responsible adults

## **Additional Information**

Married with two children and one granddaughter