



Liz Hurst Ruth

Head Coach 12-3

Coaching Experience

North Forsyth Feeder Coach – (2017)

Head Coach A team

A5 12-2 Kelly – (2017)

Assistant Coach

- Qualified for USAV Nationals – American Division
- Icebreaker Tournament Champions

Marist Youth Volleyball Camp – (2005, 2006)

Lead Counselor

- Created a comprehensive five day volleyball program for thirty girls under 10

VolleyPerformance – Atlanta, GA (2005, 2006)

Lead Counselor

- Led volleyball training sessions with girls from 8 to 17 years of age

Playing Experience

University of Pennsylvania Varsity Volleyball – (2003-2006)

Team captain – Starting defensive specialist/libero

- Four year letter winner.
- 2003 Ivy League Champions
- Recipient of the 2006 Claire Rauscher Achievement Award for most improved player.
- 2006 Ivy League Honor Roll honoree
- Recipient of the 2007 Award of Excellence

Marist High School Varsity Volleyball – (2000-2002)

Team captain – Starting outside hitter

- 2000 state champions
- 2001 state runner-up
- 2000-2002 area champions
- 2000-2002 regional champions
- 2001 and 2002 all-county honoree
- 2002 all-state honoree
- Named DeKalb County Player of the Year and 6-AAAA Player of the Year in 2002
- Named to the Senior All-Star team

Education

- University of Pennsylvania – B.A. Political Science
- George Mason University – M.A. Public Policy

